



## ORIENTATION FOR NURSE AND MIDWIFE EDUCATORS

*Following the approval of the Nursing and Midwifery Council of Nigeria and Federal Ministry of Health to integrate principles of Adolescent and Youth Friendly Health Services (AYFHS) into its curriculum, 18 Nurse and Midwife educators from the six geopolitical zones in the country were selected as the first crop of educators to be orientated about the course content.*

The purpose of the orientation was to increase the knowledge of Nurse/Midwife educators to implement the Adolescent and Youth Friendly Health Services Course Content towards improving the quality and delivery of health services for adolescent and youth in Nigeria. In addition, recommendations for step-down efforts were also proffered during the orientation to enhance a national coverage of the use of the course content and to make it an examinable course



# MARCH CLINIC HEALTH DAY



In recent times, the use of substances has been identified as a risk-taking behaviour among adolescents and young adults. Moreover, young people who persistently abuse substances often experience an array of problems, including academic difficulties, health-related problems (including mental health), poor peer relationships amongst others.

For its March edition of the Clinic Health Day for Secondary School Students, the health unit of Action Health Incorporated (AHI) focused on Substance Abuse. The programme was a medium to educate young people on the adverse effects/consequences of substance abuse and prevention. Also, it was an avenue to equip them with accurate and factual information that would promote good sexual and reproductive health



## AYFHS POSTING FOR POST BASIC PSYCHIATRIC/ MENTAL HEALTH NURSING STUDENTS

Many young people desire a friendly healthcare facility to address their health needs, and to satisfy this need the healthcare provider must be adequately trained and knowledgeable in providing services for young people.

In furtherance of this, 29 Post Basic Psychiatric/Mental Health Nursing Students from Federal Neuro-Psychiatric Hospital Yaba, Lagos were posted to AHI to acquire knowledge on Adolescent Youth Friendly Health Services (AYFHS) provision and delivery and Family Life Education.



# AHI TRAINS HEALTHWORKERS AND PEER EDUACTORS ON ADOLESCENT YOUTH-FRIENDLY HEALTHCARE SERVICE PROVISION

*To enhance the delivery of Adolescent Youth Friendly Health Services (AYFHS), Action Health Incorporated with support from Champions for Change trained 25 healthcare providers and members of the Ward Health Committee in Apapa Iganmu Lagos. The 5-day training which was held in March was aimed at building the capacity of the healthcare providers to provide youth friendly services and improve their knowledge on adolescent sexual and reproductive health*

In a related development, a 3-day training on Sexual and Reproductive Health and Youth Friendly Health Services was held for 35 adolescents drawn from 4 Community Development Areas (CDAs) (Oke Oja North, Oke Oja South, Oke Oja West and Gaskiya West) around the Olojowon Flagship Primary Health Care Center in Ijora Badia to increase demand for RMNCH services among young people particularly girls ages 10 - 24 within the community. These trainings are part of other activities advocating for the integration of youth friendly services at the Olojowon PHC.

