



**Action
Health Incorporated**

ANNUAL REPORT

2018



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ABOUT AHI

Action Health Incorporated (AHI) is a non-profit organization committed to creating opportunities for young people's successful transition to productive adulthood. AHI was founded out of a deep concern about young people's limited access to preventive information and life skills to deal with the myriad of issues confronting them.

Since our establishment in 1989, AHI has served as an advocate and catalyst for creating better life options for young people in Nigeria. In partnership with colleagues around the globe, AHI has helped to bring sexual and reproductive health issues to the public domain and spurred state governments and the federal government to stand in support of the sexual and reproductive health and total well being of young people in Nigeria.

We envision a world where young people's rights to achieve their full potentials are guaranteed where all young girls and boys can grow up to assume control over their lives, have basic information, skills, and services to enhance their sexual and reproductive health and human rights.

Learn more about our work on our website at www.actionhealthinc.org.

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*AHI has served
as an advocate
and catalyst for
creating better life
options for young
people in Nigeria.*

—”—



EXECUTIVE SUMMARY

Over the years, Action Health Incorporated (AHI) has contributed in no small measure to advancing advocacy and action aimed at promoting young people's health and development in Nigeria.

In 2018, AHI developed and executed programmes in line with this agenda in collaboration with young people, parents, community opinion leaders, youth-serving organizations, policymakers, and government agencies across Nigeria.

These programmes include initiatives that advocated for the abandonment of unsafe health practices such as female genital mutilation (FGM), improved literacy and numeracy levels as well as sexual and reproductive health (SRH) knowledge of marginalised girls, empowered young people to advocate for increased community investment, and expanded access to youth-friendly health services (YFHS). Newer initiatives also respond to the sexual and reproductive health (SRH) and reproductive, maternal, newborn and child health (RMNCH) needs of vulnerable populations in humanitarian settings and promote accountability and transparency in social investment programmes.

These programmes are also aligned with 2030 Agenda for Sustainable Development, particularly around SDG 3 (Good Health and Well-Being), SDG 4 (Quality Education), SDG 5 (Gender Equality), SDG 8 (Decent Work and Economic Growth), and SDG 16 (Peace, Justice, and Strong Institutions).

We hope that this report provides insights into our work and encourages further action to ensure that more young Nigerians successfully transition into healthy and productive adulthood.

—“—

*Promoting young
people's health
and development
in Nigeria.*

—”—



ADVOCACY & ACTION

3 GOOD HEALTH
AND WELL-BEING



5 GENDER
EQUALITY



ADVOCACY AND ACTION FOR ABANDONMENT OF FEMALE GENITAL MUTILATION/CUTTING (FGM/C)

Mobilizing Communities to Abandon Female Genital Mutilation/Cutting (FGM/C) in South-Western Nigeria

The South-Western region of Nigeria has a female genital mutilation/cutting (FGM/C) prevalence rate of 47.5%, meaning that nearly 1 in every 2 women has undergone FGM/C. In order to eradicate the harmful traditional practice of FGM/C, which has devastating medical and social outcomes for girls and women, AHI carried out advocacy and capacity-building activities in Osun and Oyo States with the aim of collective abandonment of FGM/C in those states.

In order to achieve this goal, we:

- Secured the support of community leaders for our anti-FGM/C efforts;
- Identified community systems that could be used to monitor FGM activities and selected a monitoring team;
- Educated Anti-FGM/C Champions (monitoring team members and FGM/C survivors) to increase their effectiveness;
- Conducted community dialogues with community members, traditional rulers, and religious leaders; and
- Engaged male groups to form a coalition to advocate for the elimination of FGM/C in their communities.

ACHIEVEMENTS

AS A RESULT OF THESE EFFORTS:



A referral system was established to address Female Genital Mutilation/Cutting (FGM/C) complications and provide child protection services.

30



Community based monitoring task force set carried out education and prevented mutilation of newborns in Oyo and Osun States.

200



boys and men became active advocates for the total elimination of all forms of Female Genital Mutilation/Cutting (FGM/C) across Osun and Oyo States.



CAPACITY BUILDING

5 GENDER EQUALITY



8 DECENT WORK AND ECONOMIC GROWTH



LIVELIHOODS CAPACITY BUILDING FOR MARGINALIZED GIRLS

Livelihoods Capacity Building for Marginalized Girls in Lagos State

13.3 million children in Nigeria are not enrolled in school and 60% of them are girls. These girls in the poorest communities in Nigeria face peculiar challenges and are denied opportunities to fulfil their potential by events such as female genital mutilation/cutting (FGM/C), early marriage, and gender-based violence.

In the second phase of the Educating Nigerian Girls in New Enterprises (ENGINE II) programme, which began in 2017 with funding from DFID UK and support from Mercy Corps, we focused on:

- Ensuring that in-school girls successfully transited to the next phase of their education or completed their current education cycle and entered the workforce;
- Ensuring that out-of-school girls have the opportunity to develop functional literacy and numeracy, while building up their assets and diversifying their income sources; and
- Providing enhanced learning experiences and an enabling environment for all girls enrolled in the programme.

ACHIEVEMENTS

AS A RESULT OF OUR INTERVENTIONS, WE:



5,865 GIRLS

enrolled in the programme across the local government areas in Lagos State.



EQUIPPED 15 MASTER TRAINERS who went on to train



253 learning centre facilitators; and

HELPED

59 GIRLS



access business loans from the Lagos State Employment Trust Fund (LSETF) and **22 GIRLS** became Mobile Banking Agents for Access Bank.

Livelihoods Capacity Building for Marginalized Girls in Ogun State

Girls who are not enrolled in school in the poorest communities in Nigeria are subject to poor sexual and reproductive health outcomes such as gender-based violence, coerced sexual encounters, forced marriages, early pregnancy, and exploitative conditions.

With funding from the United Nations Population Fund (UNFPA), we:

- Provided vocational and livelihood skills training as well as sexual and reproductive health (SRH) services and information to girls in Owode-Tutun and Ijoke Lemode communities in Ogun State;
- Conducted an orientation programme for healthcare providers in both communities on providing youth-friendly health services to their clients; and
- Disseminated sexual and reproductive health information to youth in both communities and distributed non-prescriptive family planning commodities to them.

ACHIEVEMENTS

DUE TO OUR INTERVENTION IN THESE COMMUNITIES:



264 MARGINALIZED ADOLESCENT GIRLS

Received livelihood and vocational skills training, Sexual and Reproductive Health (SRH) information and services



28 HEALTHCARE PROVIDERS

were trained to provide youth-friendly health services (YFHS); and



15,000 YOUTH

were reached with sexual and reproductive health (SRH) information and non-prescriptive family planning commodities.





CREATIVE EDUCATION

4 QUALITY
EDUCATION



8 DECENT WORK AND
ECONOMIC GROWTH



ENTER-EDUCATION FOR YOUTH PARTICIPATION

Empowering Young People to Demand Greater Investment in their Development

Although the world is home to over 2 billion young people aged 10 to 24 years, they often do not have a voice in the public discourse on issues that affect them. In Nigeria, young people face poor access to education, high rates of unemployment, lack of political representation, and gender disparities. This has negative implications for our attainment of the targets set towards achieving the Sustainable Development Goals.

As AHI's contribution to conscientizing Nigerian youth about harnessing the demographic dividend that results from the increase in young people in the labour force and the reduction in dependents due to declining fertility and mortality rates, we used the Teenage Festival of Life as an avenue for students in public secondary schools in Lagos to educate their peers. Through drama, poetry, and songs, the participating students shared messages about the potential of the demographic dividend, the steps that must be taken to harness its full potential, and the importance of investing in programmes and services that promote the development of young people.

The Teenage Festival of Life continually demonstrates that young people can, and should, play an active role in promoting accountability, educating their communities, and advocating for their rights.

ACHIEVEMENTS

OVER THE COURSE OF THE PRE-FESTIVAL ACTIVITIES AND THE MAIN EVENT:



OVER
9,000

students were engaged in the pre-festival workshops and educational outreaches;



67 SECONDARY
SCHOOLS

developed and submitted entries in the three performance categories; and



OVER
2,200

students, teachers, and administrators attended the event.



INNOVATIVE HEALTHCARE DELIVERY

3 GOOD HEALTH
AND WELL-BEING



5 GENDER
EQUALITY



EXPANDING ACCESS TO YOUTH-FRIENDLY HEALTH SERVICES (YFHS)

Providing Youth-Friendly Health Services (YFHS) at Action Health Incorporated (AHI) Clinic

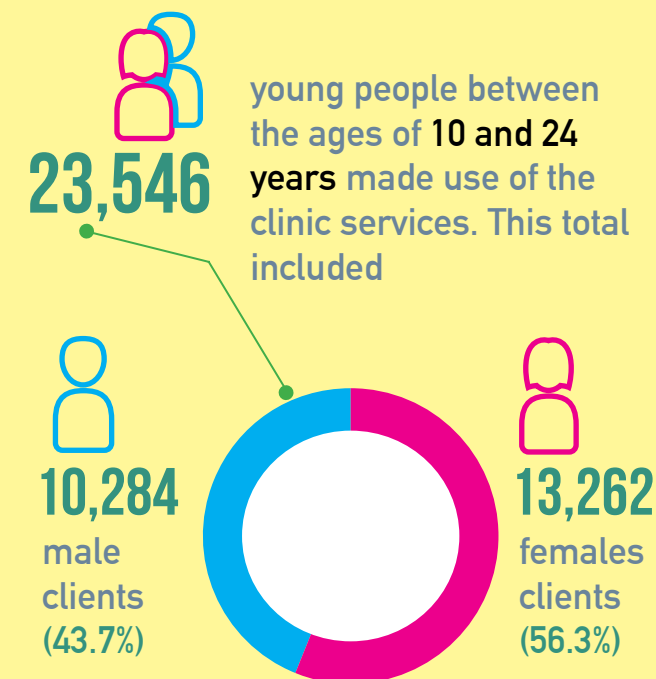
It is essential that young people have access to appropriate reproductive health information and services provided by competent healthcare providers who are trained to meet their unique health needs.

Towards this end, we:

- Provided sexual and reproductive health (SRH) and basic medical and testing services either free or at low-cost;
- Built the capacity of healthcare professionals to provide youth-friendly health services;
- Increased young people's demand for sexual and reproductive health (SRH) services and commodities; and
- Conducted public education programmes to spread accurate, age-appropriate sexual and reproductive health (SRH) information to young people.

ACHIEVEMENTS

AS A RESULT, IN 2018:



Capacity Building

In addition to routine provision of medical services to youth clients, the clinic:

- Conducted a two-week training programme for 23 Post-Basic Psychiatric/Mental Health Nursing students and 121 penultimate year (500-Level) medical students from the Department of Medical and Surgery, University of Lagos.
- Provided a two-day orientation training for 24 medical staff and counsellors from the Medical Centre at Yaba College of Technology on the basics and provision of youth-friendly health services (YFHS), including promoting access to safe practices that respond to the needs of young people at the college.
- Provided experiential learning for 11 resident doctors undergoing post-graduate training that worked in the clinic and addressed young people's sexual and reproductive health (SRH) issues during each month's Clinic Health Day.

Demand Creation

- The clinic also provided support to the Sayana Press project, which increased demand from family planning services and commodities in Akwa Ibom and Cross River States.
- The clinic also conducted community outreach activities to ensure awareness of pertinent sexual and reproductive health (SRH) issues and promote health-seeking behaviours that reached 1,331 young persons with contraceptive services in formal institutions as well as non-formal vocation centres.



Public Education

- Through the Information, Education and Communication (IEC) unit, the Clinic provided factual and comprehensive information and skills to in-school and out-of-school youth through edutainment programmes and focus group discussions.
- Health Services unit conducted assembly outreaches where students are taught about sexual and reproductive health (SRH) issues and life skills and informed about the availability of free and low-cost health services at the Youth-Friendly Clinic. A total of 18,721 in-school adolescent were reached across 25 schools.
- Three Health and Life Planning Clubs (HLPC) were established in secondary schools in Lagos Mainland, Kosofe and Agege local government areas (LGAs).
- It also conducted school health forums where in-school adolescents can ask pertinent questions from health services professional reaching 2,035 adolescents in 12 junior and secondary schools.
- A Summer Holiday Programme was conducted for 81 adolescents, where they had a welcoming and conducive environment to develop their life skills and soft skills.
- The monthly Clinic Health Days, where adolescents and young people gather and discuss health issues and topics related to their sexual and reproductive health (SRH) with youth-friendly health (YFH) professionals, were also organised.



Expanding Voluntary Access to Modern Contraceptives in South-Eastern Nigeria

There is a pressing, unmet need for family planning services in the South East and several states have set targets for contraceptive use that have not been reached. In order to address this problem, AHI collaborated with the UNFPA to expand voluntary access to Family Planning Services through the introduction of DMPA-SC (Sayana Press) in 6 local government areas (LGAs) in Cross River State and 6 local government areas (LGAs) in Akwa Ibom State.

- We used a community-based distribution strategy to make a wide range of contraceptive methods available to women of reproductive age;
- We trained community health extension workers (CHEWs) and community health volunteers (CHVs) on family planning methods and outreach strategies; and
- We supported both states to ensure continuous stock of DMPA-SC commodities.

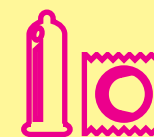
ACHIEVEMENTS

AS A RESULT:

In the course of this intervention a total of **5,139** CLIENTS were reached by



420 community health extension workers (CHEWs) and community health volunteer (CHVs) who were trained by AHI.



The efforts of the CHEWs and CHVs increased demand for community member's knowledge and generate demand for family planning products and services.



Increased number of clients visiting the primary health centers due to presence of trained CHEWs and availability of DMPA-SC.

Increasing Awareness and Detection of Tuberculosis (TB) in Benue State

The relatively high Tuberculosis (TB) prevalence rate and low Tuberculosis (TB) case notification rate pose a great public health risk in Benue State. In response, AHI collaborated with Agbami Partners (BR Petrobras, Chevron, Famfa Oil Ltd, NNPC, and Statoil) to conduct a TB awareness campaign in Makurdi, Gboko and Otukpo local government areas (LGAs). The rationale was that increasing awareness of TB at the community-level and building the capacity of community vanguards to detect and refer cases to directly observed treatment, short-course (DOTS) centres would lead to better-informed, better-prepared, and more proactive community members and increase the demand for the pre-existing free TB services in Benue State.

The programme staff:


- Provided capacity-building training to community health extension workers (CHEWs) and community vanguards (volunteers) to detect and refer cases to DOTS centres;
- Coordinated a mass media sensitization campaign using jingles, news stories, and leg work; and
- Conducted pre-intervention and post-intervention surveys to assess community knowledge, attitudes towards TB, and healthcare-seeking behaviour.

ACHIEVEMENTS

AS A RESULT OF THIS INTERVENTION:

 **60** **COMMUNITY HEALTH EXTENSION WORKERS** (CHEWS) and community volunteers were trained;

1,754 presumptive cases were identified of which **188** confirmed cases were later treated at Benue DOTS centres; and

 Surveys revealed increased community knowledge, positive attitudes towards overcoming TB, and improved healthcare-seeking behaviour.

Expanding Young People's Access to Youth-Friendly Health Services in Lagos State

Rise Up's Champions for Change (C4C) Initiative's assessment documented that while 78% of young people in Lagos State were aware of primary healthcare centres (PHCs), only 16% of them utilized them due several factors including the poor attitude of PHC staff towards youth and their sexuality.

In 2017, with support from C4C, AHI intervened in Ashogbon PHC, Ilaje, Bariga and Iwaya PHC, Yaba, to integrate youth-friendly health services (YFHS), with the goal of contributing to improvements in utilization levels of the PHC facilities by young people in these communities.

In 2018, we disseminated our findings and the lessons we learned from our intervention among community stakeholders including young people, political, religious, and traditional leaders, government officials, educators, and parents.

ACHIEVEMENTS

AS A RESULT OF THESE DISSEMINATION PROGRAMMES:

The PHCs' Medical Officers of Health, community leaders, and health workers made public commitments to ensuring the continuation of the Youth-Friendly Health Services (YFHS) programme;

Ilaje Community pledged to renovate Ashogbon PHC; and

C4C commissioned a documentary to highlight the crucial learning.





HUMANITARIAN CRISIS RESPONSE

3 GOOD HEALTH
AND WELL-BEING



5 GENDER
EQUALITY



RESPONDING TO SEXUAL AND REPRODUCTIVE HEALTH (SRH) NEEDS IN HUMANITARIAN SETTINGS

Providing Reproductive, Maternal, Newborn and Child Health (RMNCH) Services to the Most Vulnerable People

Girls and women have borne a disproportionate burden of the hardships resulting from the Boko Haram insurgency in North-Eastern Nigeria. Adamawa is among the three most conflict-affected states in the region and the insurgency has had tragic consequences on healthcare provision – the complete destruction of several healthcare facilities and the displacement of many health workers, including reproductive health practitioners.

With the support of the United Nations Office for the Coordination of Humanitarian Affairs (UNOCHA), we:

- Provided reproductive, maternal, newborn and child health (RMNCH) services to the most vulnerable people in Adamawa's hard-to-reach areas, namely Fufere, Hong, Madagali, Michika and Mubi; and
- Disseminated health promotion information among the areas with high concentrations of internally displaced persons and returnees.

ACHIEVEMENTS

DUE TO OUR INTERVENTION IN ADAMAWA STATE:

60 **HEALTH WORKERS**
were trained on MISP/clinical management of rape cases and outreach activities;

1500 BIRTHS
were attended by skilled birth attendants;

256 pregnant women attended at least two antenatal care (ANC) Visits;

12,240 women, girls, boys and men were reached with health education and promotion messages;

3,269 women and girls were direct beneficiaries from emergency drugs supplies (RH kits); and

5,640 women and girls were beneficiaries of modern family planning methods.



STRENGTHENING INSTITUTIONS

4 QUALITY EDUCATION



8 DECENT WORK AND ECONOMIC GROWTH



PROMOTING ACCOUNTABILITY IN SOCIAL INVESTMENT PROGRAMMES

Promoting Accountability and Transparency in School Feeding Programme in Ogun State

In 2017, Action Health Incorporated (AHI) was engaged by the John D. and Catherine T. MacArthur Foundation to improve community participation in promoting accountability and transparency in the implementation of the Home-Grown School Feeding Programme (HGSFP) in Ogun State. This programme covered 60 schools across 4 local government areas (LGAs): Ado-Odo/Ota, Ifo, Ijebu Ode, and Sagamu.

With the support of our partner agencies in Ogun State, we:

- Conducted advocacy meetings with the Ogun State Home-Grown School Feeding Programme (HGSFP) team at the Ministry of Special Duties and Intergovernmental Affairs, as well as dialogues with stakeholders including local government area (LGA) Education Secretaries and Desk Officers, community and religious leaders, parents, teachers, and cooks;
- Performed a baseline assessment of the implementation of the HGSFP in Ogun State and held a workshop on monitoring and reporting tools for the project; and
- Promoted community awareness through media activities on the AHI Home-Grown School Feeding Programme (HGSFP) webpage, social media channels, and radio/television appearances, as well as the publication of periodic scorecards on the performance of the 60 schools.

ACHIEVEMENTS

IN THE COURSE OF THIS INTERVENTION:

74 individual monitors have been trained to assess the performance of schools in the HGSFP;



86 community stakeholders, 14 community-based organisation (CBO) monitors, and 9 State and LGA Officials were trained on advocacy and accountability;

60 individuals were organized into 4 community accountability watch groups (CWGs); and



1215 monitoring visits conducted by CWG members and three high-level meetings were convened to disseminate the monitors' findings to high-level stakeholders.

Promoting Accountability and Transparency in Social Investment Programmes in Lagos State

The National Social Investment Office (NSIO) felt that it was important to get an independent perspective on the implementation of the National Social Investment Programmes (NSIPs) in Lagos State in order to ensure that funds from the National Social Investment Office (NSIO) were being utilized effectively, make the government more accountable to beneficiaries, increase empowerment and community ownership, and compliment conventional monitoring methods.

As part of our programme activities, we:

- Provided training to monitors across the 14 project local government areas (LGAs) in Lagos State to ensure they effectively discharged their duties;
- Monitored the Job Creation Programme (N-Power) and the Government Enterprise and Empowerment Programme (GEEP) by interviewing programme beneficiaries; and
- Disseminated the results of the monitoring exercise and implementation assessment to beneficiaries and the National Social Investment Office (NSIO).

ACHIEVEMENTS

IN THE COURSE OF THIS INTERVENTION:



12

MONITORS

were trained in 14 local government areas (LGAs)

3172



Job Creation Programme (N-Power) and

186

Government Enterprise and Empowerment Programme (GEEP) beneficiaries were reached between August and November.





COMMUNITY INVESTMENT ACTIVITIES

4 QUALITY EDUCATION



8 DECENT WORK AND ECONOMIC GROWTH



Preparing Young People for Jobs of the Future in Lagos State

To combat the high levels of unemployment and underemployment in Lagos State, the administration of Governor Akinwunmi Ambode initiated CodeLagos with the ambitious target of teaching 1 million Lagosians to code, so that they could effectively utilize information and communication technology (ICT) in the workplace and their daily lives. Gov. Ambode described the programme as “a deliberate attempt to establish a strong convergence between technology, economic development, and governance” by building up Lagos State’s human capital to seize opportunities in the digital era.

Over the course of 7 months, we:

- Provided classroom space, teaching aids, and computer systems for courses in Java Programming, Python Programming, and basic Web Development; and
- Offered life skills modules and made Action Health Incorporated (AHI) services and facilities available to programme participants.

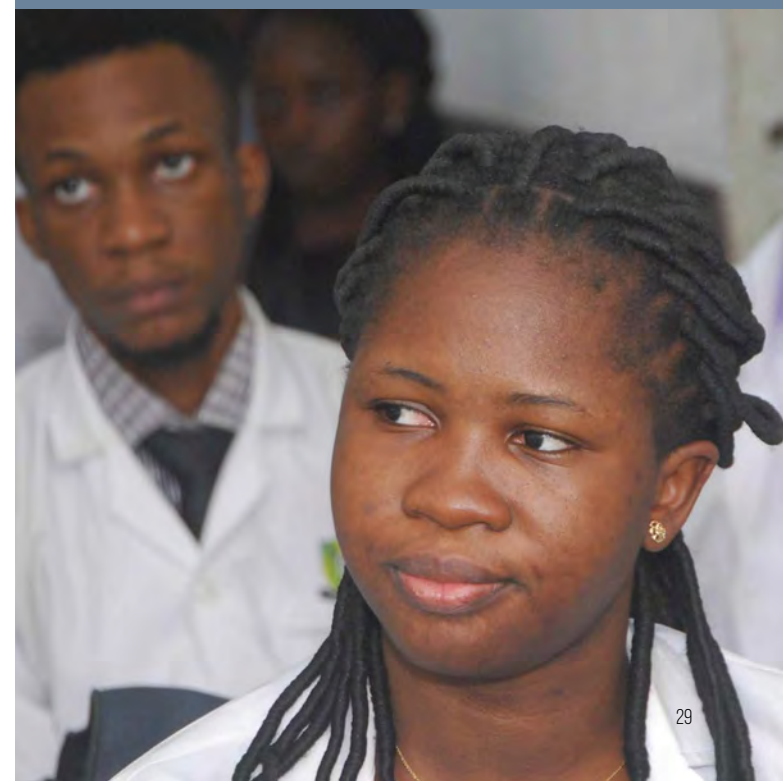
This intervention was implemented with the support of the Office of the Special Adviser to the Lagos State Governor on Education, and Vortex Consulting, a CodeLagos Delivery Partner.



APPROXIMATELY

360 STUDENTS

were trained at AHI by CodeLagos Facilitators in three batches; and it was an opportunity for many of the younger students to be exposed to beneficial sexual and reproductive health (SRH) information and given the opportunity to access the AHI Youth-Friendly Clinic and Library.



Contributions to Other Projects

In addition to programmes funded by donors and foundations, Action Health Incorporated (AHI) also used its own organizational resources to support worthy causes initiated by other community actors.

A few of the initiatives supported in 2018 include:

- Medical outreach to by the Association of Medical Students of the University of Lagos, where Action Health Incorporated (AHI) contributed medical consumables including Sharps Boxes, Lancets, Glucose Strips, Gloves, Cotton Wool, Mentholated Spirit and Hand Sanitizers.
- Provision of life-planning educational materials for a faith-based organization's Teenagers' Conference in Lagos State.
- Financial support for Onayade Community Primary School's 2018 Annual Inter-House Sports Competition.
- Conducting an orientation and capacity-building workshop on Youth-Friendly Health Services (YFHS) to the Staff of the Yaba College of Technology Medical Centre.



LESSONS LEARNED

Over the course of the year, our programme staff learned several lessons implementing programmes across these focal areas. Some of those lessons are included below:

1. Community engagement and partnerships between stakeholders and service providers are crucial for enabling young people's access to quality sexual and reproductive health (SRH) services.
2. We need increased government investment and reduced bureaucratic barriers to aid transformational interventions.
3. Effective health interventions are hinged upon reliable data and a willingness to explore new ideas.
4. Education and outreach efforts need to be intensified to eliminate myths and misconceptions about sexual and reproductive health (SRH).
5. Open channels of communication with programme beneficiaries are essential to manage expectations and for long term sustainability.
6. When investments are made in young people's capacity development, they contribute significantly to creating change in their communities.

—“—

When investments are made in young people's capacity development, they contribute significantly to creating change in their communities.

—”—





FINANCIAL STATEMENTS



STATEMENT OF FINANCIAL POSITION

AS AT DECEMBER 31, 2018

	2018	2017
Assets		
Non-Current Assets		
Property, Plant and Equipment	37,185,978	34,660,499
Total Non-Current Assets	37,185,978	34,660,499
Current Assets		
Receivables	97,645,291	113,981,305
Prepayment	1,918,278	2,050,098
Inventories	981,942	2,884,008
Cash and Cash Equivalents	317,517,249	273,684,830
Total Current Assets	418,062,760	392,600,241
Total Assets	455,248,738	427,260,740
Liabilities & Reserves		
Restricted	87,615,999	87,103,081
Unrestricted	248,121,050	253,540,540
Total Reserves	335,737,049	340,643,621
Current Liabilities		
Account Payable and Accrued Liabilities	14,278,471	25,714,733
Grant Received in Advance	105,233,218	60,902,386
Total Liabilities	119,511,689	86,617,119
Total Liabilities and Reserves	455,248,738	427,260,740

STATEMENT OF ACTIVITIES

FOR THE YEAR ENDED DECEMBER 31, 2018

	2018	2017
Revenue		
Grants and Special Projects Contributions	373,811,885	708,446,536
Finance Income	11,176,053	8,191,708
Other Income	10,347,228	47,117,407
Total Revenue	395,335,166	763,755,651
Operating Expenditure		
Program Expenses	303,439,544	604,584,521
Management and General Expenses	92,956,463	102,672,821
Fund Raising Cost	3,845,731	2,498,514
Total Expenses	400,241,738	709,755,857
(Deficit) / Surplus for the Year	(4,906,572)	53,999,794





Action Health Incorporated

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