



**Action
Health Incorporated**

2017

**Annual
Report**



About AHI

Action Health Incorporated (AHI) is a non-profit organization committed to creating opportunities for young people's successful transition to productive adulthood. AHI was founded out of a deep concern for the limited access that young people have to preventive information and skills to deal with the myriad of issues confronting them.

Since its establishment in 1989, AHI has served as an advocate and catalyst for creating better life options for young people in Nigeria. By working in partnership with colleagues around the globe, AHI has helped to bring sexuality issues into the public domain and gotten state governments and the federal government to take a stand in support of the sexual and reproductive health and total well-being of young people in Nigeria.

AHI envisions a world where young people's rights to achieve their full potentials are guaranteed – where all young girls and boys can grow up to assume control over their lives, have basic information, skills, and services to enhance their sexual and reproductive health and human rights.

To learn more about AHI's work, please visit our website at www.actionhealthinc.org.



Contents

About AHI	1
-----------	---

Advocacy and Action	
Mobilizing Communities in South-Western Nigeria to Abandon Female Genital Mutilation/Cutting	3

Livelihoods Capacity Building	
Strengthening Livelihood Opportunities for Marginalized Girls	5

Enter-Education Programmes	
Empowering Young People with Life-Saving Information	7

Innovative Healthcare Delivery	
Providing Youth Friendly Health Services	
Expanding Youth Friendly Health Services through PHCs in Lagos	
Expanding Options for Pregnancy by Choice, Not by Chance	9

Supporting GBV Survivors	
Responding to Gender Based Violence among Internally Displaced Women and Girls	14

Financial Report	15
------------------	----

3 GOOD HEALTH
AND WELL-BEING



5 GENDER
EQUALITY



Advocacy and Action



Mobilizing Communities in South-Western Nigeria to Abandon Female Genital Mutilation/Cutting

As part of AHI's commitment to ensuring the wellbeing of young women, the organization has renewed its efforts to eradicate the harmful practice of female genital mutilation in South Western Nigeria where there is an FGM prevalence rate of 47.5%. AHI's efforts in 2017 were focused on Ekiti, Osun, and Oyo states, three states with some of the highest prevalence rates in Southern Nigeria.

The goal of AHI's strategic efforts is to facilitate the process of collective abandonment of FGM/C, in which a whole community chooses to no longer engage in the practice. In 2017, these efforts included grassroots advocacy, government and community leader endorsements, community dialogues, involvement of the media, and provision of FGM/C-related services.

In 2017, some of the key achievements of AHI's efforts to eradicate FGM/C in Ekiti, Osun, and Oyo states include:

- The training and mobilization of 100 nurses and community health extension workers across the three states to prevent incidents of FGM/C, provide care to victims of FGM/C, and advocate against the practice.
- Supported the development and dissemination of Oyo State's simplified version of the Violence Against Women Bill which provides a legal framework for ending FGM/C
- Training and monitoring of 60 community volunteers to conduct community and household advocacy activities to prevent new cases of FGM/C.
- Over 1,800 community outreach exercises conducted by trained community volunteers and the prevention of FGM/C incidents among 1,446 female babies born during the programme period.



2017 RESULTS AT A GLANCE

More than **1,440** female babies kept safe from practice of FGM/C in Ekiti, Osun, and Oyo States

Over **34,500** persons participated in intergenerational discussions and household dialogues to change social norms and beliefs about the practice of FGM/C

Over **21,900** reached with preventive messages on FGM/C by trained service providers



PARTNERS

unicef



5 GENDER
EQUALITY



8 DECENT WORK AND
ECONOMIC GROWTH



Capacity Building



Strengthening Livelihood Opportunities for Marginalized Girls

Continuing AHI's work with out-of-school girls, the Educating Nigerian Girls in New Enterprises (ENGINE) project's aim is to improve the livelihood of marginalized girls by providing skills training that will help lead to increased wages and direct assets. The project also ensures that these girls have the basic information, skills and services to enhance their reproductive health and rights. In 2017, ENGINE entered its second phase and kicked off with a sensitization and feedback session for participants of the first phase.

Since the kick-off of ENGINE II:

- 35 volunteers were trained from the pool of Learning Space Coordinators and Girl Ambassadors, and they were responsible for tracking 6,975 girls across 5 LGAs using the ONA mobile data collection platform
- 3,083 of the girls tracked by the ENGINE volunteers are available for full profiling
- The ENGINE team has commenced mapping child protection agencies and created a directory of potential partners at the state government, local government, and community level.
- Conducted a market assessment to highlight more sources of livelihood that are not seasonal
- Convened two State Advisory Group (SAG) meetings involving distinguished leaders nominated from various spheres of human endeavour such as faith/religious background, media, legal, civil society and government who are girl champions.

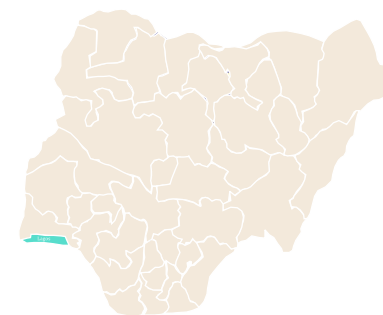


2017 RESULTS AT A GLANCE

6,975 girls tracked on ONA platform.

35 volunteers trained for outreach and data collection.

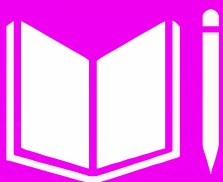
5 LGAs covered by outreach efforts (Alimosho, Epe, Kosofe, Ojo, and Somolu/Bariga)



PARTNERS



4 QUALITY
EDUCATION



8 DECENT WORK AND
ECONOMIC GROWTH



Creative Education Programmes



Empowering Young People with Life-Saving Information

AHI has remained committed to providing adolescents with accurate sexual and reproductive health information and services to ensure that they have the knowledge and skills to make responsible and informed choices. In 2017, in order to meet this overarching goal, in addition to our online outreach via social media, we conducted weekly sessions for Youth Centre clients, school assembly outreach activities, commemorative days, a summer programme, and the annual Teenage Festival of Life.

The commemorative day activities held at the AHI Youth Centre include World AIDS Day, the International Day for the Elimination of Violence against Women and Girls, and International Youth Day, among others.

The theme for the 24th edition of AHI's flagship youth program, the Teenage Festival of Life (TFL) was

"FGM-Free Generation" and was focused on creating awareness on the issue of female genital mutilation (FGM), its prevalence in Nigeria, myths and beliefs about the practice, the social and health consequences of the practice of FGM, and the impact of FGM on community and national development. It was an opportunity for young people to be adequately informed about issues of Female Genital Mutilation in Nigeria, with a view to enlisting them as critical stakeholders in efforts to end FGM.

In addition to competitions in the drama, poetry, and song categories, this year included the first TFL Innovation Challenge, where 13 to 19 year-olds used social media to share creative ideas they had developed to mobilize young people to end the practice of FGM.

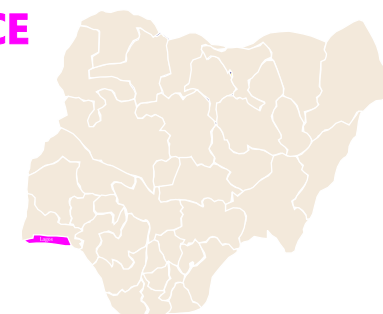


2017 RESULTS AT A GLANCE

426,911 young people reached with life-saving information

65 secondary schools submitted entries for the 24th Annual Teenage Festival of Life

8,565 young people participated in youth-center based commemorative day activities



PARTNERS



3 GOOD HEALTH
AND WELL-BEING



5 GENDER
EQUALITY



Innovative Healthcare Delivery



Providing Youth-Friendly Health Services

Since 1993, the AHI Youth-Friendly Clinic has ensured that young people have access to appropriate reproductive health services and information with competent healthcare providers trained to meet their health needs. The clinic also serves as a training and practical learning institute for resident doctors in postgraduate training, medical students, and student nurses from Lagos University Teaching Hospital Idi-Araba in Adolescent and Youth Friendly Healthcare Service (AYFHS) provision.

In 2017, a total of 1,534 clients made use of the Youth Friendly Clinic's services. This total included 929 female (60.5%) and 605 male (39.5%) clients, and 909 (59.2%) of these clients were new users of the facilities. 228 clients made use of the available medical testing services and 20 clients were referred to secondary care facilities such as Lagos University Teaching Hospital, Mirabel Centre, and Marie Stopes Nigeria.

In addition to the routine provision of medical services to youth clients, the Youth

Friendly Clinic also collaborated to:

- Train 200 medical students at 500-level from the College of Medicine at Lagos University Teaching Hospital in the provision of Youth Friendly Health Services.
- Train 29 Post-Basic Psychiatric/Mental Health Nursing students from the Federal Neuro-Psychiatric Hospital, Yaba in Youth Friendly Health Service provision.
- Provide experiential learning opportunities for 12 Resident Doctors undergoing postgraduate training, who worked in the clinic and provided sessions for young people on SRH during each month's Clinic Health Day.

The Youth Friendly Clinic staff also participated in over 250 outreach and awareness activities across Lagos in order to highlight the services available to young people and increase patronage of the Youth Friendly Clinic.

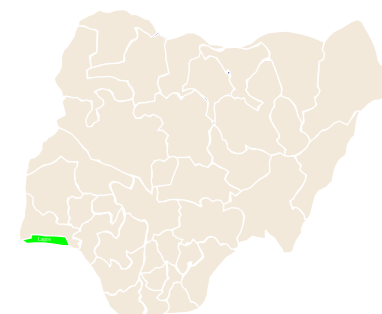


2017 RESULTS AT A GLANCE

7,728 young people (age 10 – 24) reached with SRH information and education

1,534 clients made use of the Youth Friendly Clinic.

241 medical personnel trained in providing AYFHS.



Expanding Youth-Friendly Health Services through PHCs in Lagos

AHI's efforts to ensure that Youth Friendly Health Services are available to more youth in Lagos State began receiving support in 2016 from Champions for Change (C4C), an initiative of Rise Up. This programme responded to the finding from two communities in Lagos that although 78% of young people were aware of Primary Healthcare Centres (PHCs), only 16% utilized them largely because of the attitude of PHC healthcare providers towards youth and their sexuality.

In response, AHI and C4C partnered with the Lagos State Primary Healthcare Board to conduct capacity building programmes for 21 healthcare providers and 39 Ward Health Committee members in Yaba and Bariga Local Community Development Areas (LCDAs). An additional 120 youth were trained on SRH and YFHS to help boost demand for Reproductive, Maternal, Newborn, Child and Adolescent Health (RMNCAH) services. Lastly, Community Accountability Watch Groups (CAWGs) made up of a diverse group of community leaders were set up to increase accountability at the PHCs.

By the end of the project:

- 3,658 young people accessed ASRH Health services at the PHCs and 5,000 young people reached with SRH information.
- State AYFHS Register adopted and used at the PHC facilities.
- Availability of Youth Friendly Space at Iwaya PHC, Yaba.

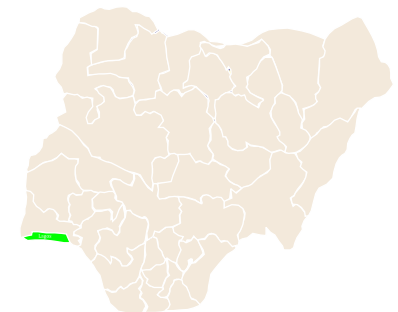


2017 RESULTS AT A GLANCE

5,000 young people reached with SRH information.

3,658 young people accessed ASRH health services at PHCs.

120 young people trained as peer educators



PARTNERS



Expanding Voluntary Access to Modern Contraceptive in South-Eastern Nigeria

Injectable contraceptives are among the world's most widely used methods for preventing pregnancy, offering women safe and effective protection, convenience and privacy. Until now, access to injectables has often been limited to clinic settings. Sayana Press (DMPA-SC), a 3-month injectable, can improve contraceptive access; it is small, light, easy to use, and requires minimal training – making it especially suitable for community-based distribution and for women to administer themselves through self-injection.

With the support of the United Nations Populations Fund (UNFPA), AHI began the roll-out of the DMPA-SC Project in Abia, Akwa Ibom, and Cross River States to expand voluntary access to family planning services through the introduction of Sayana Press using the rights-based approach and, by extension, improve maternal health, mitigate the prevalence of unsafe abortions, and contribute to achieving the national Contraceptive Prevalence Rate (CPR) target of 36% by 2018. Programme activities included a needs assessment from which strategies to reach young women with contraceptives were drawn, capacity-building sessions for health workers and community volunteers, stakeholder consultative meetings, and one-on-one/group outreaches. A Technical Working Group (TWG) comprising of the LGA Supervisors and other key stakeholders in each state was also inaugurated to facilitate stakeholder communication, disseminate project activities, and proffer solutions to resolve challenges. By the end of the project in 2017, across the 3 states, the DMPA-SC Project reached a total of 32,238 acceptors of DMPA-SC Injectables, with over 25,000 male and female condoms also distributed. Project data analysis revealed that 33% of clients were aged 24 years and under, thus helping to address the unmet need among young women who lack access to family planning information and services, and resulting to an increase in CPR among this younger age group.

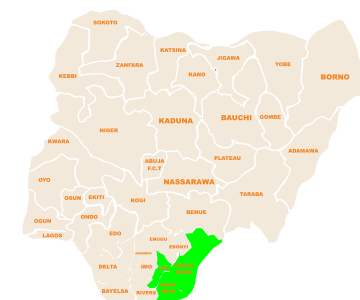


2017 RESULTS AT A GLANCE

1,115 Community Health Extension Workers and Volunteers trained in Abia, Akwa Ibom, and Cross River States

32,238 doses of DMPA-SC Injectables administered to women of reproductive age

10,659 young women provided with a new contraceptive solution



PARTNERS



3 GOOD HEALTH
AND WELL-BEING



5 GENDER
EQUALITY



Supporting GBV Survivors



Responding to Gender Based Violence among Internally Displaced Women and Girls

Young women bear a disproportionate burden of the hardships resulting from the Boko Haram insurgency in North-Eastern Nigeria. In response to this crisis, AHI collaborated with UNFPA Nigeria to scale up its humanitarian interventions in 40 internally displaced persons (IDP) Camps spread across Adamawa, Borno, and Yobe States. Activities include the provision of Psychosocial Support (PSS) to survivors of Gender-Based Violence (GBV) and other sexual and reproductive health services. This intervention was geared towards actively protecting the sexual and reproductive health and rights of women and girls adversely affected by this crisis.

In 2017, some of the key achievements of this humanitarian effort included:

- The establishment of a 4-bed halfway safe home with support from the Adamawa State Ministry of Women Affairs where survivors access SRH services and information, and feel secure physically, psychologically, and emotionally.
- Provision of psychosocial first aid and mental health and psychosocial support services to 302,157 women and 113,219 girls across the three states of Adamawa, Borno, and Yobe between 2016 and 2017.
- Distributed of GBV prevention information and BCC materials to 56,547 persons (20,855 women, 18,003 girls, 10,777 boys, and 6,912 men).
- Capacity of 105 psychosocial support counsellors (64 women and 41 men) to handle GBV cases in Adamawa, Borno, and Yobe states.
- Equipped and made functional 6 women and girl's safe spaces and 1 youth centre in Borno State to make access to psychosocial support services more seamless and for the convenience of women with disability.
- Provision of medical services to 803 women and 549 girls in Adamawa and Borno states on issues related to HIV/AIDS, physical injury, V.V. Fistula, pregnancy complications, and post-delivery issues, with the support of the State Ministries of Health.

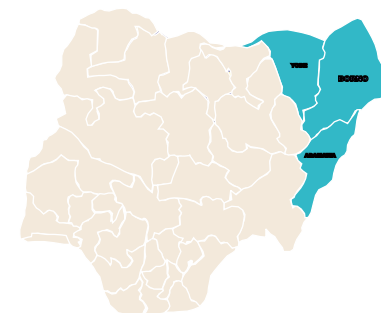


2017 RESULTS AT A GLANCE

64 female and **41** male
psychosocial support counsellors
trained to manage GBV cases.

302,157 women and **113,219**
girls provided with psychosocial
support and trauma management
services.

4,239 pregnant women and girls
provided with lifesaving drugs.



PARTNERS



FINANCIAL STATEMENTS

STATEMENT OF FINANCIAL POSITION

AS AT DECEMBER 31, 2017

	2017 ₪	2016 ₪
ASSETS		
Non-Current Assets		
Property, Plant and Equipment	34,953,041	33,300,367
TOTAL NON-CURRENT ASSETS	34,953,041	33,300,367
CURRENT ASSETS		
Receivables	84,763,187	103,534,264
Prepayment	2,050,098	3,965,358
Inventories	3,525,418	192,360
Cash and Cash Equivalents	272,436,794	174,288,709
TOTAL CURRENT ASSETS	362,775,497	281,980,691
TOTAL ASSETS	397,728,538	315,281,058
LIABILITIES & RESERVES		
RESERVES		
Restricted	87,103,081	92,103,081
Unrestricted	229,137,070	194,540,744
TOTAL RESERVES	316,240,151	286,643,825
CURRENT LIABILITIES		
Account Payable and Accrued Liabilities	20,586,001	28,637,233
Income in Advance	60,902,386	-
TOTAL LIABILITIES	81,488,387	28,637,233
TOTAL LIABILITIES AND RESERVES	397,728,538	315,281,058

STATEMENT OF ACTIVITIES

FOR THE YEAR ENDED DECEMBER 31, 2017

	2017 ₱	2016 ₱
REVENUE		
Grants and Special Projects Contributions	679,561,656	430,347,096
Finance Income	8,191,708	2,940,974
Internally Generated Income	41,677,612	54,910,760
TOTAL NON-CURRENT ASSETS	729,430,976	488,198,830
 OPERATING EXPENDITURE		
Program Services	611,751,133	374,193,812
Management and Administrative Expenses	85,585,003	80,174,482
Fundraising	2,498,514	-
TOTAL EXPENDITURE	699,834,650	454,368,294
 SURPLUS FOR THE YEAR	29,596,326	33,830,536

CONTACT US:

Action Health Incorporated

17 Lawal Street, Off Oweh Street, Jibowu

Lagos, Nigeria

+234 812 344 5837

info@actionhealthinc.org

www.actionhealthinc.org

www.facebook.com/actionhealthinc

[@actionhealthinc](https://www.instagram.com/actionhealthinc)